

Earn up to \$270 in rewards and reimbursements with our Well-being Program.



Here's how it works

Enroll in our online Well-being Program and start participating in a variety of single-step and habit building activities, covering a range of topics built around monthly themes including:

- Stress management
- Environmental wellness
- Volunteerism
- Healthy eating
- Physical activity
- Financial literacy
- Self-care
- Health plan literacy

How rewarding is it?



Earn up to \$120 in Amazon gift cards.

You'll earn rewards incrementally, so the longer you participate in the program, the more rewards you earn. **Reach all three levels to earn a total of \$120 in Amazon gift cards.**

SUBSCRIBER REWARDS		
LEVEL 1	LEVEL 2	LEVEL 3
\$20	\$40	\$60
Amazon gift card	Amazon gift card	Amazon gift card

Log in to harvardpilgrim.org/wellbeingforall to start earning rewards!*

*Covered dependents and employees who aren't Harvard Pilgrim members can participate in a separate program, where they can earn points towards monthly Amazon gift card drawings.



Receive up to \$150 for being a gym member.

Subscribers can earn up to \$150 per family contract per plan year.

Visit harvardpilgrim.org/fitnessreward to learn more.

Well-being as you define it. A community, at your fingertips.

Our program is packed with tools that let you define your own vision of well-being. Here are some of the features:



Customize to suit your goals



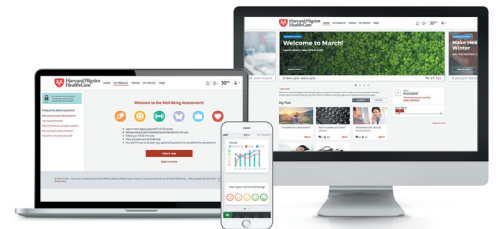
Connect with others for tips and advice



Sync to your wearable device



Connect with a personal health coach



Our digital engagement platform is easily accessible from all devices so you can stay on top of your goals wherever you are.

Get started today and enjoy the rewards of feeling your best.



Visit harvardpilgrim.org/wellbeingforall