

# Earn up to \$120 in rewards with our Living Well<sup>SM</sup> Everyday program.



## Here's how it works<sup>1</sup>

Enroll in Harvard Pilgrim's Living Well<sup>SM</sup> Everyday program and start earning rewards for participating in a variety of informative, fun and interactive activities including:

- Stress management
- Environmental wellness
- Volunteerism
- Healthy eating
- Physical activity
- Financial literacy
- Self-care
- Health plan literacy

## How rewarding is it?



**Earn up to \$120 in gift cards.**

You'll earn rewards incrementally, so the longer you participate in the program, the more rewards you earn. **Reach all three levels to earn a total of \$120 in gift cards.**

### SUBSCRIBER REWARDS

#### LEVEL 1

**\$20** Gift card

#### LEVEL 2

**\$40** Gift card

#### LEVEL 3

**\$60** Gift card

**Log in to [harvardpilgrim.org/livingwelleveryday](https://harvardpilgrim.org/livingwelleveryday) to start earning rewards!**

Covered dependents or employees who aren't Harvard Pilgrim members can participate in a separate program, where they can earn points towards monthly gift card drawings. Visit [harvardpilgrim.org/livingwellcommunity](https://harvardpilgrim.org/livingwellcommunity) to get started.

## Well-being as you define it. A community, at your fingertips.

Our program is packed with tools that let you define your own vision of well-being. Here are some of the features:



Customize to suit your goals



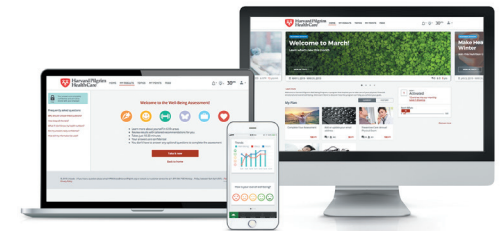
Connect with others for tips and advice



Sync to your wearable device



Connect with a personal health coach



**Our digital engagement platform is easily accessible from most devices so you can stay on top of your goals wherever you are.**

**Get started today and enjoy the rewards of feeling your best.**



Visit [harvardpilgrim.org/livingwelleveryday](https://harvardpilgrim.org/livingwelleveryday)

<sup>1</sup> Rewards are available for fully insured accounts, rated as large group, up to 999 eligible employees.